

Dr. R. Todd Appleton's.....

Tooth Times

Fall 2007 Edition

Enjoy a Brighter and Whiter Smile this season with

ZOOM!
Advanced Power

ONE HOUR IN-OFFICE WHITENING

From October 15th until December 15th

ONLY \$ 400.00 (regularly \$ 495.00)

Makes a great Christmas gift!!!

Office News...

Welcome Back Michelle!!

Please join us in welcoming Michelle back after maternity leave. She had a beautiful baby boy Cameron in September 2006. Glad to have you back, Michelle!!

Good Bye and Good Luck Marinela!!

A big thank-you to Marinela who helped us out while Michelle was away. We will miss you!!

Dr. Appleton's Fan Club

Dr. Appleton is not currently performing in any productions but something exciting may be happening soon ! Stay tuned...

Sportsguards now available

Parents, the next time you outfit your kids for a baseball, football, hockey or lacrosse game make sure you don't forget the most important piece of equipment. Custom made, ready in a couple of days and available in a variety of colours!! \$ 40.00

Thank You for Your Referrals

Our practice continues to grow by referrals from our patients.

Many thanks to all of you!!

If you have university and college student coming home for Christmas... call NOW to book their appointments. We have added some extended hours to accommodate these students.

906-668-6301

Get the Most Out Of Your Dental Insurance

The first signs of fall signal back to school and back to work for many of us. They should also be a cue to make a dental appointment. Although you may not realize it, your dental insurance has seasons too. More than 90 % of all dental plans are based on a calendar year. If you do not use the benefits that you are entitled to, they are gone as of December 31st. Your benefits are not carried forward into the next year. If you are thinking about getting some dental care sometime this year, now is the time. Many treatments can take weeks to complete once treatment options are sorted out and insurance considerations are resolved. That is why it is especially important to come in for a visit to get things on the go as soon as possible, before your 2007 dental insurance expires.

Blueberry Apple Crisp

4 cups sliced peeled tart apples
2 cups blueberries
2 tablespoons brown sugar
1 cup all purpose flour, divided
¾ cup sugar
1 teaspoon baking powder

½ teaspoon salt
½ teaspoon ground cinnamon
¼ teaspoon ground nutmeg
1 egg beaten
½ cup butter melted

Place apples in a greased 11 inch x 7 x 2 inch baking dish.

Top with blueberries. Mix brown sugar and 2 tablespoons flour; sprinkle over fruit.

Combine sugar, baking powder, salt, cinnamon, nutmeg and remaining flour. Stir in egg with a fork until mixture is crumbly. Sprinkle over fruit; drizzle with butter. Bake at 350 degrees F. for 55-60 minutes or until apples are tender. Serve warm.

**Patient : “Dr. what do I do, my teeth are yellow?”
Dentist : “Wear a brown tie.....”**

Office Staff:

Dr. R. Todd Appleton

Dental Assistant: Michelle

Office Administrator: Lori

Treatment Coordinator: Sue

Hygienists: Hilary, Sandy,

Marie, and Carolyn

Office Hours:

Monday 8 am to 5 pm

Tuesday 8 am to 7 pm

Wednesday 10 am to 8 pm

Thursday 8 am to 5 pm

Friday 8 am to 12 pm



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